Giving to your local hospital supports projects and programs locally to make our community healthier. Giving is a special way to recognize your gratitude for care, honor a nurse, physician or loved one or demonstrate your commitment to a healthier community. The Warren Memorial Hospital Foundation has funded numerous scholarships, helped countless patients through the Community Fund and partnered on projects such as the Trails to enrich the healthcare experience since 1991. Find out how your support can make a difference at **www.valleyhealthlink.com/giving**.



351 Valley Health Way, Front Royal, VA 22630 Hospital: 540-636-0300 Foundation: 540-636-0363



Andreae Family Wellness & Recreation Trail





Warren Memorial Hospital has always been a place for healing, but with the move to our one-of-a-kind medical campus, wellness is also front and center. Thanks to the generous support of Fred and Christine Andreae, we have been able to turn their vision of an outdoor space harmonious with the natural beauty that surrounds us — into the Andreae Family Wellness & Recreation Trail. This 2.5 mile trail system is for the benefit or our patients, visitors, staff and the entire community.

Features include:

- 2 foot bridges
- 2 rest areas with benches
- Approximately 7-8% grade, making it friendly for hikers of all abilities
- Natural surface that reduces the impact to the existing forest
- Lower overlook 1/2 mile from entrance, long & short range views
- Upper overlook 1.25 miles from entrance; includes raised viewing platform with long range views of downtown Front Royal (about 2.5 miles away), Signal Knob (about 9 miles away), Skyline Drive (about 4 miles away) and the surrounding valley.